The Love Styles
Your childhood relational experiences are wired into your behaviors and beliefs, creating imprints called “love styles.” This concept comes from attachment theory, which states that our childhood roles form the roots of who we are, and continue informing the way we love and treat others far into adulthood. The results of our attachment imprints are actually very predictable — people usually fit into one of the five love-styles categories, all because of how they grew up!

If you’re single. . .
You’ve probably experienced your fair share of relationship frustrations. Learn to break free from destructive relational patterns, starting with understanding your love style. Building a healthy foundation now improves future relationships!

If you’re married. . .
Good news: your marriage problems did not begin in your marriage! All couples have a core pattern that becomes a repetitive fight, but if you learn your pattern, you and your mate can become each other’s healer as you face wounds together.

If you’re divorced. . .
When something is broken, you cannot repair it unless you understand how it works. The same is true for marriages, or any relationship for that matter. Learn your core pattern, and get a clear diagnosis that leads to healing.

“How We Love has the capacity to change not only your marriage but every relationship that’s important in your life.”
- Josh McDowell
Did you receive comfort as a child? Do you know how to give and receive comfort?
How to give and receive comfort will be taught as you learn how to move around the comfort circle.

Explore the Love Styles...

Am I an Avoider?

“I like people, but I’m not very comfortable when they get emotional. I like to keep it simple… it’s so much easier when people just take care of themselves.”

Am I a Pleaser?

“I work hard at making those I love happy, and I’m not great at saying “no” or keeping boundaries. But anything is better than having people upset with me.”

Am I Vacillator?

“I long for relationships and connection, but people always let me down. Sometimes I wonder if its even worth it anymore.”

Am I a Controller?

“I don’t like being outside of my comfort zone, so I always make sure I’m the one in charge. That way I know for sure that I won’t be taken advantage of.”

Am I a Victim?

“I keep my needs quiet, and honestly, I’m not even sure what my needs are. It’s safer when I just go with the flow… there’s less opportunity for a blow-up.”

Join us for 8 sessions as we watch and learn from Milan and Kay Yerkovich in the DVD series How We Love.

This event is hosted by Riverside Church of Christ and will begin Friday evening April 5th at 6:30 PM and resume Saturday morning April 6th at 9AM and conclude by 6 PM.

All the sessions will include a 45 min DVD presentation and short question and answer time. There will be a 12 page syllabus for the presentation. The growth and work in changing the way one relates will be done after the series with the growth techniques in the book and the included workbook. If you would like to have this available that evening, please let us know so the books will available for a cost of $10.00 each.